

# Bushwick ADHC at Ridgewood

March 2016



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<b>PT &amp; NUTRITIONIST</b> <b>1</b> 7:45 BREAKFAST 9:15 DAILY CHRONICLES 9:15 DEVOTION 9:30 CURRENT EVENTS 10:00 BINGO 11:30 TRIVIA WITH RICH 12:30 LUNCH	<b>2</b> 7:45 BREAKFAST 7:45 CONTINENTAL BREAKFAST 9:15 DEVOTION 9:20 DAILY CHRONICLES 9:30 C. CLASS & ART 10:30 BINGO! 11:45 CURRENT EVENTS 12:30 LUNCH	<b>3</b> 7:45 BREAKFAST 8:45 DEVOTION 9:00 DAILY CHRONICLES 9:15 FANTASY FITNESS 10:00 PAINTING 101 11:45 BINGO BLITZ 12:30 LUNCH	<b>4</b> 7:45 BREAKFAST 9:15 DEVOTION 9:20 DAILY CHRONICLES 9:30 COMPUTER CLASS 9:30 FITNESS FRIDAY 10:00 I AM... 11:00 LCR W/ PRIZES 12:30 LUNCH	<b>5</b> 7:45 BREAKFAST 9:15 DEVOTION 9:20 DAILY CHRONICLES 9:30 TRENDING TOPICS 10:00 ART EXPLORATION 10:30 BINGO! 12:15 LUNCH
<b>6</b> SEE YOU TOMORROW!	<b>7</b> 7:45 BREAKFAST 9:20 DAILY CHRONICLES 9:20 DEVOTION 9:30 ARTS & CRAFTS 10:30 YOGA 10:30 ZUMBA! 11:30 BINGO! 12:30 LUNCH	<b>8</b> <b>PT &amp; NUTRITIONIST</b> 7:45 BREAKFAST 9:15 DAILY CHRONICLES 9:15 DEVOTION 9:30 MOVE YOUR BODY 10:30 Pictionary TRIVIA 11:30 FAMILY FUED 12:30 LUNCH	<b>9</b> 7:45 CONTNTAL B'FAST 9:15 DEVOTION 9:20 DAILY CHRONICLES 9:30 CITIZENSHIP CLASS 9:30 LET'S MOVE 10:00 CRAFTS 10:00 MOORE MARKET 11:30 DISCUSSION 12:30 LUNCH	<b>10</b> 7:45 BREAKFAST 8:45 DEVOTION 9:00 DAILY CHRONICLES 9:15 FANTASY FITNESS 10:00 MEET W/ SENATOR JOSEPH ADDABBO 11:15 BINGO! 12:30 LUNCH	<b>11</b> 7:45 BREAKFAST 9:15 DEVOTION 9:20 DAILY CHRONICLES 9:30 COMPUTER CLASS 9:30 FITNESS FRIDAY 10:00 BINGO BLAST 11:00 ARTS & CRAFTS 11:45 THE TOPIC TRAIN 12:30 LUNCH	<b>12</b> <b>NUTRITIONIST</b> 7:45 BREAKFAST 9:15 DEVOTION 9:20 DAILY CHRONICLES 9:30 LET'S MOVE 10:00 ARTS & CRAFTS 11:00 BINGO BLAST 12:15 CATERED LUNCH!
<b>13</b> SEE YOU TOMORROW!	<b>14</b> 7:45 BREAKFAST 9:15 DEVOTION 9:20 DAILY CHRONICLES 9:30 ARTS & CRAFTS 10:30 YOGA 11:30 BINGO 12:30 LUNCH	<b>15</b> <b>PHYSICAL THERAPY</b> 7:45 BREAKFAST 9:15 DEVOTION 9:20 DAILY CHRONICLES 9:30 VOLLEY BALLOON 10:30 ARTS & CRAFTS 11:30 BALL TOSS DISCUSSION 12:30 LUNCH	<b>16</b> 7:45 BREAKFAST 9:15 DEVOTION 9:20 DAILY CHRONICLES 9:30 CITIZENSHIP CLASS 9:30 TRENDING TOPICS 10:30 ARTS & CRAFTS 11:30 NURSING PRESENTATION 12:30 LUNCH	<b>17</b> <b>PHYSICAL THERAPY</b> 7:45 BREAKFAST 9:15 DEVOTION 9:20 DAILY CHRONICLES 9:30 LUCKY DISCUSSION 10:30 ST. PATRICK'S DAY PARTY 11:30 BINGO! 12:30 LUNCH & SALAD BAR	<b>18</b> 7:45 BREAKFAST 9:15 DEOVOTION 9:20 DAILY CHRONICLES 9:30 COMPUTER CLASS 9:30 MUSIC & MOVEMENT 10:30 CHEESE & CRACKERS CHAT 11:00 THE PRICE IS RIGHT 12:30 LUNCH	<b>19</b> <b>NUTRITIONIST</b> 7:45 BREAKFAST 9:15 DEVOTION 9:20 DAILY CHRONICLES 9:30 THE TOPIC TRAIN 10:00 MUSIC AND MOVEMENT 10:30 BINGO BLAST 12:15 LUNCH
<b>20</b> SEE YOU TOMORROW!	<b>21</b> 7:45 BREAKFAST 9:15 DEVOTION 9:20 DAILY CHRONICLES 9:30 ARTS & CRAFTS 10:30 ZUMBA 11:30 BINGO! 12:30 LUNCH	<b>22</b> <b>CONTINENTAL BREAKFAST</b> 7:45 BREAKFAST 9:15 DEVOTION 9:20 DAILY CHRONICLES 9:30 FUNCTIONAL ART 10:30 DISCUSSION 10:30 DRUM THERAPY 11:30 BINGO BLITZ 12:30 LUNCH	<b>23</b> 7:45 BREAKFAST 9:15 DEVOTION 9:20 DAILY CHRONICLES 9:30 CITIZENSHIP CLASS 10:30 EASTER EGG COLORING 11:15 CENTERPEICE CREATING 12:30 LUNCH	<b>24</b> 7:45 BREAKFAST 9:15 DEVOTION 9:20 DAILY CHRONICLES 9:30 THE TOPIC TRAIN 10:00 MOVE YOUR BODY 10:30 AFRO-LATINEER'S EASTER PERFORMANCE 12:30 CATERED LUNCH	<b>25</b> !GOOD FRIDAY!	<b>26</b> <b>NUTRITIONIST</b> 7:45 BREAKFAST 9:15 DEVOTION 9:20 DAILY CHRONICLES 9:30 ART EXPLORATION 10:30 BIG PRIZE BINGO! 11:30 LET'S CHAT 12:15 CATERED LUNCH!
<b>27</b> EASTER SUNDAY	<b>28</b> 7:45 BREAKFAST 9:15 DEVOTION 9:20 DAILY CHRONICLES 9:30 TRENDING TOPICS 10:00 ARTS & CRAFTS 10:30 YOGA 11:30 BINGO! 12:30 LUNCH	<b>29</b> 7:45 BREAKFAST 9:15 DEVOTION 9:20 DAILY CHRONICLES 9:30 MUSIC & MOVEMENT 10:30 THE TOPIC TRAIN 11:15 MUSICAL BINGO 12:30 LUNCH	<b>30</b> 7:45 BREAKFAST 9:00 CITIZENSHIP CLASS 9:15 DEVOTION 9:20 DAILY CHRONICLES 10:00 TRIP TO RESTAURANT	<b>31</b> 7:45 BREAKFAST 9:15 DEVOTION 9:20 DAILY CHRONICLES 9:30 CURRENT EVENTS 10:30 BIRTHDAY CELEBRATIONS 11:30 BINGO 12:30 CATERED LUNCH!		