

Bushwick ADHC at Ridgewood

FEBRUARY 2016



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 7:45 BREAKFAST 9:20 DAILY CHRONICLES 9:20 DEVOTION 9:30 ARTS & CRAFTS 10:30 YOGA 11:30 BINGO! 12:30 LUNCH	2 PT & NUTRITIONIST 7:45 BREAKFAST 9:15 DAILY CHRONICLES 9:15 DEVOTION 9:30 THE TOPIC TRAIN 10:15 CURRENT EVENTS 10:45 ESL CLASS 11:30 FUNCTIONAL ART 12:30 LUNCH	3 7:45 BREAKFAST 9:15 DEVOTION 9:20 DAILY CHRONICLES 9:30 CITIZENSHIP CLASS 9:30 WELLNESS WEDNESDAY 10:00 COLLAGE ART 11:15 THE GAME OF THINGS 12:30 LUNCH	4 7:45 BREAKFAST 8:45 DEVOTION 9:00 DAILY CHRONICLES 9:15 BINGO! 10:00 PAINTING 101 10:45 ESL CLASS 11:30 BLACK HISTORY PRESENTATION 12:30 LUNCH	5 7:45 BREAKFAST 9:15 DEVOTION 9:20 DAILY CHRONICLES 9:30 COMPUTER CLASS 10:00 I AM... 11:00 LCR W/ PRIZES 12:30 LUNCH	6 WEAR RED DAY 7:45 BREAKFAST 9:15 DEVOTION 9:20 DAILY CHRONICLES 9:30 CITIZENSHIP CLASS 10:00 ART EXPLORATION 10:30 BINGO! 12:15 LUNCH
7 SEE YOU TOMORROW!	8 7:45 BREAKFAST 9:20 DAILY CHRONICLES 9:20 DEVOTION 9:30 ARTS & CRAFTS 10:30 ZUMBA! 11:30 BINGO! 12:30 LUNCH	9 PT & NUTRITIONIST 7:45 BREAKFAST 9:15 DAILY CHRONICLES 9:15 DEVOTION 9:30 DRUM THERAPY 10:30 MARDI GRAS BASH 11:30 CURRENT EVENTS 12:30 LUNCH	10 7:45 CONTINENTAL BREAKFAST 9:15 DEVOTION 9:20 DAILY CHRONICLES 9:30 CITIZENSHIP CLASS 9:30 WELLNESS DAY 10:00 TRIP TO STORE 11:15 GAME OF THINGS 12:30 LUNCH	11 7:45 BREAKFAST 8:45 DEVOTION 9:00 DAILY CHRONICLES 9:15 BINGO! 10:00 ACTIVITY W/ CHOCOLATE 10:45 ESL CLASS 11:30 CRAFT IDEAS 12:30 LUNCH	12 7:45 BREAKFAST 9:15 DEVOTION 9:20 DAILY CHRONICLES 9:30 COMPUTER CLASS 10:00 FITNESS 10:30 VALENTINE'S / B-DAY PARTY 11:30 RAFFLE 12:30 CATERED LUNCH!	13 NUTRITIONIST 7:45 BREAKFAST 9:15 DEVOTION 9:20 DAILY CHRONICLES 9:30 CITIZENSHIP CLASS 10:30 PUPPET SHOW! 11:30 BINGO BLITZ 12:15 CATERED LUNCH!
14 SEE YOU TOMORROW!	15 7:45 BREAKFAST 9:15 DEVOTION 9:20 DAILY CHRONICLES 9:30 ARTS & CRAFTS 10:30 YOGA 11:30 BINGO 12:30 LUNCH	16 PHYSICAL THERAPY 7:45 BREAKFAST 9:15 DEVOTION 9:20 DAILY CHRONICLES 9:45 DRUM THERAPY 10:45 ESL CLASS 11:00 FUNCTIONAL ART 12:30 LUNCH	17 7:45 BREAKFAST 9:15 DEVOTION 9:20 DAILY CHRONICLES 9:30 CITIZENSHIP CLASS 9:30 NURSING PRESENTATION 10:30 BINGO! 11:30 ARTS & CRAFTS 12:30 LUNCH	18 PHYSICAL THERAPY 7:45 BREAKFAST 9:15 DEVOTION 9:20 DAILY CHRONICLES 9:30 MUSIC & MOVEMENT 10:30 CREATIVE IDEAS 10:45 ESL CLASS 11:30 PAINTING 101 12:30 LUNCH!	19 7:45 BREAKFAST 9:15 DEVOTION 9:20 DAILY CHRONICLES 9:30 COMPUTER CLASS 9:30 MUSIC & MOVEMENT 10:30 DRUM THERAPY 11:30 TRENDING TOPICS 12:30 LUNCH	20 NUTRITIONIST 7:45 BREAKFAST 9:15 DEVOTION 9:20 DAILY CHRONICLES 9:30 CITIZENSHIP CLASS 10:00 MUSIC AND MOVEMENT 10:30 BINGO BLAST 12:15 LUNCH
21 SEE YOU TOMORROW!	22 7:45 BREAKFAST 9:15 DEVOTION 9:20 DAILY CHRONICLES 9:30 ARTS & CRAFTS 10:30 ZUMBA 11:30 BAKING WITH RICH 12:30 LUNCH	23 CONTINENTAL BREAKFAST 7:45 BREAKFAST 9:15 DEVOTION 9:20 DAILY CHRONICLES 9:30 FUNCTIONAL ART 10:30 DISCUSSION 10:45 ESL CLASS 11:45 BINGO BLITZ 12:30 LUNCH	24 7:45 BREAKFAST 9:15 DEVOTION 9:20 DAILY CHRONICLES 9:30 BINGO BLAST! 10:30 COLLAGE ART 11:45 THE GAME OF THINGS 12:30 LUNCH	25 7:45 BREAKFAST 9:15 DEVOTION 9:20 DAILY CHRONICLES 9:30 THE TOPIC TRAIN 10:00 MOVE YOUR BODY 10:30 TRIP TO RESTAURANT	26 7:45 BREAKFAST 9:15 DEVOTION 9:20 DAILY CHRONICLES 9:30 FITNESS FRIDAY 10:00 FUNCTIONAL ART 10:30 THE PRICE IS RIGHT 12:30 LUNCH	27 NUTRITIONIST 7:45 BREAKFAST 9:15 DEVOTION 9:20 DAILY CHRONICLES 9:30 ART EXPLORATION 9:30 CITIZENSHIP CLASS 10:30 BIG PRIZE BINGO! 11:30 LET'S CHAT 12:15 CATERED LUNCH!
28 SEE YOU TOMORROW!	29 7:45 BREAKFAST 9:15 DEVOTION 9:20 DAILY CHRONICLES 9:30 TRENDING TOPICS 10:00 COUPON CLUB 10:30 YOGA 11:30 ARTS & CRAFTS 12:30 LUNCH					